

## What to Bring to Wallowa Lake Horse Camps

In order for you to have a safe and comfortable time at Horse Camp, please read the information below. The attached forms need to be mailed to camp at least 10 days before camp starts.

*(If there is any doubt about their arrival, take a photocopy to carry to camp with you before you mail off the original.)*

### **FORMS:**

- Your completed Health Form (this should be mailed at least 10 days before camp starts)
- Liability Waiver Form for our horse contractor signed by a parent *(this should be mailed at least 10 days before camp starts)*

**CLOTHING:** Several changes of clothing — Layers work best as the temperature may vary throughout the day.

- **Boots with a defined heel** (tennis shoes are not allowed for riding)
- Tennis shoes (for activities in camp)
- Long pants for riding (comfortable jeans are great)
- Shirts with sleeves (shoulders need to be covered during horse riding times)
- Light jacket or sweater
- Heavier jacket for chilly evenings and cool mornings
- Warm hat
- *Rain slickers will be provided for campers (you may bring your own rain gear if you have it).*
- Pajamas/ sleepwear and slippers
- Socks/ underwear

### **GENERAL ITEMS:**

- Warm sleeping bag and pillow
- An extra blanket, as it can get cold in the mountains at night
- Small daypack or small duffel
- Water bottle **a must have for everyone!**
- Towels and washcloths
- Flashlight or headlamp

### **PERSONAL ITEMS:**

- Personal items (soap, toothbrush, shampoo, etc.)
- Sunscreen (SPF 30 or higher)
- Chap stick or lip balm with sunscreen
- Insect repellent
- All medications must be in original bottles or packaging
- Bible, if you have one
- *Optional:* Money for the camp store which has T-shirts and other fun items for purchase

*Riding helmets are provided and required (you may bring your own helmet if you have one).*

We are all looking forward to a great week!